

APRIL  
6<sup>TH</sup>-10<sup>TH</sup>

# CASCO BAY

BREAKFAST HOURS: MONDAY - FRIDAY | 7:00 AM - 10:00AM

LUNCH HOURS: MONDAY - THURSDAY | 11:00AM - 2:00PM

LUNCH HOURS: FRIDAY | 11:00AM - 1:30PM

Baker's Highlight:

**Viral Mochi Doughnuts**

Enjoy in the Café or with PREPPED Take Home Meals



Scan me for Online Ordering!

Not Made with Gluten Vegetarian Vegan BeWell

Before placing your order, please inform your server if a person in your party has a food allergy.

	M	T	W	TH	F
BEWELL BREAKFAST	Recovery Bowl \$5.50 	Breakfast Tofu Scramble Tacos \$5.50 	Egg & Potato Breakfast Wrap \$5.50 	Mocha Smoothie Bowl \$5.50 	Chocolate Chip Banana Oat Bar \$5.50 
BEWELL EXHIBITION	Roasted Sweet Potato & Black Bean Bowl \$7.50 	Balsamic Bruschetta Chicken \$7.50 	Black & Bleu Salad \$7.50 	Roasted Teriyaki Pork Loin \$7.50 	Apple Sesame Chicken Stir Fry \$7.50 
BEWELL DELI	Grilled Chicago Chicken Sandwich \$7.25 	Turkey Guacamole Melt \$7.25 	Blackened Chicken Caesar Wrap \$7.25 	Thai Chicken Lettuce Wrap \$7.25 	Chicken Apple Gyro \$7.25 
DELI <small>Served with a side</small>	Country Chicken Salad \$7.44	Grilled Chicken Artichoke Wrap \$7.44	Andouille & Apple Toasted Flatbread \$7.44	Black & Bleu Steak Wrap \$7.44	Southwest Chicken Wrap \$7.44
GRILL <small>Served with a side</small>	Mushroom Swiss Burger \$7.44	Grilled Walnut Pesto Pizza \$7.44 	Bayou Banger \$7.44	Brisket Grilled Cheese \$7.44	Cheeseburger Quesadilla \$7.44

CHEF'S SHOWCASE \$7.99	Fajita Bar	Wok Fired Noodle Bowls	Cookbook Nook Feature: <b>Chipotle Tri-Tip Bowl w/ Mexican Spiced Rice</b> From: All-American Paleo Table by Caroline Potter 	Southern BBQ Plate	Grilled Cheese & Soup
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