

**JULY  
6TH-10TH**

# CASCO BAY

BREAKFAST HOURS: MONDAY - FRIDAY | 7:00 AM - 10:00AM

LUNCH HOURS: MONDAY - THURSDAY | 11:00AM - 2:00PM

LUNCH HOURS: FRIDAY | 11:00AM - 1:30PM

**Baker's Highlight:**

**Viral Dot  
Cakes**

Enjoy in the Café or  
with PREPPED Take  
Home Meals



Scan me for  
Online Ordering!

*Before placing your order, please inform your server if a person in your party has a food allergy.*

Not Made with Gluten Vegetarian Vegan BeWell

	M	T	W Chef Tasting Table	TH	F
BEWELL BREAKFAST	Quinoa Spinach & Mushroom Bowl \$6.60 	French Toast w/ Strawberries \$6.60 	Berry Boost Breakfast Pudding Bowl \$6.60 	Pomegranate Pistachio Avocado Toast \$6.60 	Potato & Vegetable Egg Bake \$6.60 
BEWELL EXHIBITION	Mushroom Turkey Meatballs w/ White Bean Tomato Sauce \$8.99 	Berry Salad w/ Blackened Chicken \$8.99 	Greek Veggie & Cheese Penne Pasta Salad \$8.99 	Avocado & Swiss Turkey Sliders \$8.99 	Southwestern Chicken Salad \$8.99 
BEWELL DELI	Turkey, Swiss & Blueberry Sandwich \$8.70 	Turkey Guacamole Melt \$8.70 	Curried Chicken Sandwich \$8.70 	Turkey, Swiss & Blueberry Sandwich \$8.70 	Grilled Vegetable Wrap \$8.70 
DELI <small>Served with a side</small>	Chicken Salad Wrap \$7.44	Windy City Beef Sandwich \$7.44	Prosciutto Fig Baguette \$7.44	Chicken Salad Wrap \$7.44	Grecian Chicken Wrap \$7.44
GRILL <small>Served with a side</small>	Cheddar Bacon Grilled Cheese w/ Apricot Jam \$7.44	BLT Crispy Chicken Sandwich \$7.44	All American Smash Burger \$7.44	Southwest Hot Dog \$7.44	Classic Ryebein \$7.44

CHEF'S SHOWCASE \$7.99-\$9.99	Asian Stir-Fry Bar	Philly Cheese Steaks	Cookbook Nook Feature: <b>Pork Street Tacos</b> w/ Chipotle Corn Relish  From: Robin Takes 5 by Robin Miller	Seared Crab Cakes	Pasta Bar
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